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### This Weeks Runs

- Sat 13<sup>th</sup> 8:00am @ East End – 1.5 hour pack run
- Sat 13<sup>th</sup> from 12:00pm @ Stratford – Tom Verney (Jr.) Interclub Cross Country
  
- Tues 16<sup>th</sup> 5:30pm @ East End Clubrooms – Moturoa, 1 hour.

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### Tom Verney (Jr.) Cross Country

This interclub Cross Country event is hosted by the Stratford Runners and Walkers at the Stratford Racecourse this weekend. The flyer is attached on page 3. To enter this event you must be a current financial member and be wearing your club singlet.

The course is usually a 3 kilometre lap mostly within the inside of the racecourse, there are a number of small hills and some long straights, under foot is predominantly grass with some areas that can be boggy and a short section along a gravel road.

If you wish to pre-enter please let me know before lunchtime Friday.

Tom Verney had strong links with the New Plymouth Harrier Club, thanks to Dennis for the following background on Tom:

Tom joined New Plymouth Harrier Club in 1954. Amongst his achievements were Club Cross-Country Champion in 1958 and 1959. He won the Hutchinson Cup in 1954, Graham

Cup in 1955, Waitara Road Race in 1963, Anniversary Cup [Junior points] 1956, Hareroa Cup [Senior points] 1958. He later moved to Ngaere and was one of the group that founded Stratford Harrier Club [now Stratford Runners & Walkers]. He was secretary of the Stratford Club, plus secretary of Taranaki Road & Cross-Country Committee for many years. It was his idea of a 10k Summer Fun Run Series in Taranaki and he did a lot of the behind the scene work to set this up. This series is still going - the Nexans Olex Series. He died tragically in 1985 following a car accident. His father (Tom Snr) was Patron of the New Plymouth Harrier Club from 1965 to 1987.

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### Visibility on Night Runs

It is dissapointing to still see a number of people failing to wear some form of high visibility clothing whilst partaking in our Tuesday night pack runs. We want everyone to be seen and be safe out on the roads in the dark. Even though we endeavour to stick to streets with lighting this does not make us clearly visible to other road users. High visibility belts, vests etc. can be purchased at all local running and sports stores.

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### Housekeeping

Please remember to respect the clubrooms and leave them clean and tidy after club events. If your shoes have got dirty or muddy please consider leaving them outside.

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### Club Singlets

If you wish to purchase a club singlet please see the friendly team at Fronrunner on Devon Street who stock these for us.

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### Club Points

The following are the current Top 10 for Club Points. Points are earned both through participation (1 point for a pack run) and competition (3 points for interclub events and

up to 3 half marathons/marathons as well as race points starting at 3 and adding 1 for each additional place achieved on a handicap system for Energy City club events)

Women's Points

Cheryl Leuthart	26
Ra Rubick	21
Joy Baker	16
Lisa McCready	15
Joanna Godwin	15
Debra Taylor	14
Alice Doig	13
Fiona Parkinson	13
Lesley Arnold	12
Helen Begg	10

Men's Points

Robbie Rawles	36
Robin Grant	33
Murray Laird	33
Steven Dickson	32
Tony Vaughan	32

Dennis Jordan	29
Allan Thomas	24
Damon Dravitzki	22
Craig Paterson	20
John Henwood	19

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**Upcoming Club Events**

13<sup>th</sup> June – Tom Verney Jr. Interclub cross country event hosted by Stratford Runners & Walkers

27<sup>th</sup> June – Brookland's Estimated Time Race

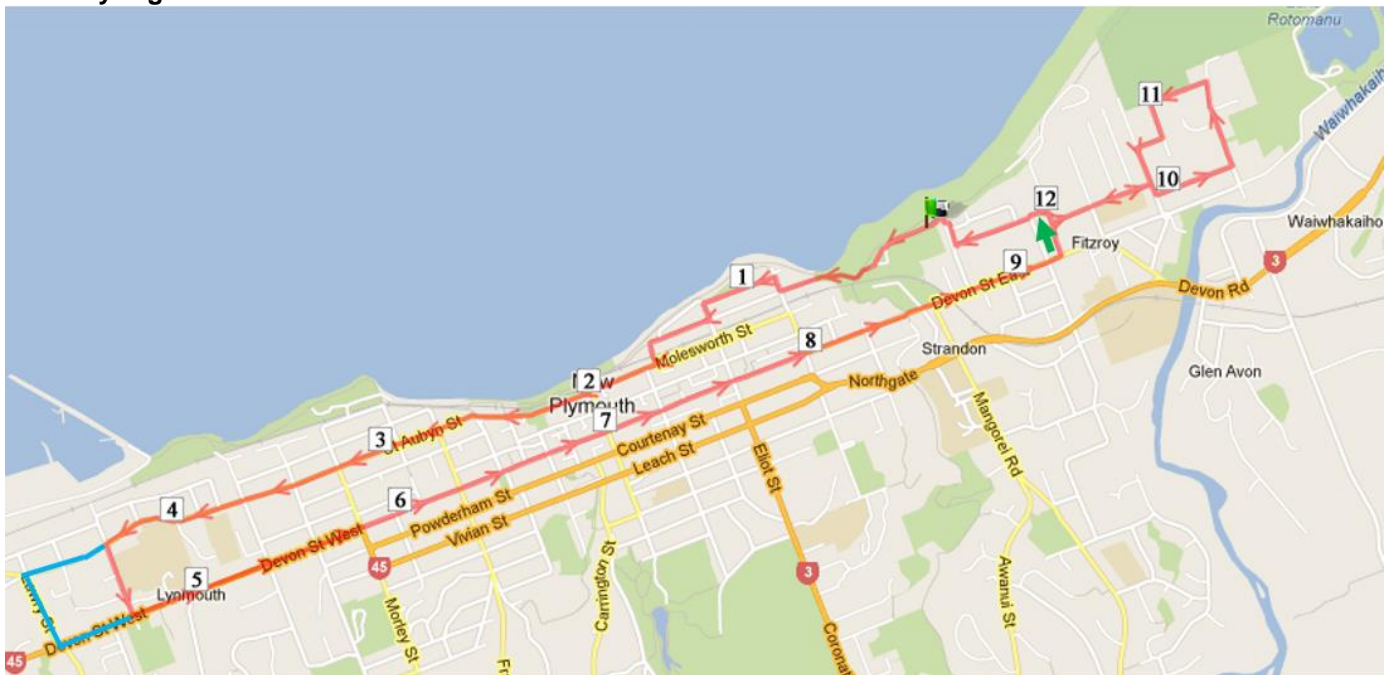
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**Other Upcoming Events**

28<sup>th</sup> June – Egmont Village Mid Winter Fun Run

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**Tuesday Night Run - Moturoa**



The idea of all our Tuesday night runs is to be out for approximately an hour, therefore this route serves as a basis for the run/walk only, and some groups will alter their route slightly to fit their pace.

The above red loop is approximately 12.5km, the additional blue line makes a loop of approximately 13.5km, cutting off the Fitzroy loop at the green arrow makes a loop of approximately 10km.



**Tom Verney (Jnr) Memorial  
Cross-Country**

Stratford Race Course

**Saturday 13th June 2015**

<b>1.00pm Race One:</b>	All Walkers (Men/Women)	6km
	Senior & Masters Women Runners	6km
	W15/W18/W20 Runners	6km
<b>1.45pm Race Two:</b>	Girls & Boys 9/11/13	2km
<b>2.00pm Race Two:</b>	Senior & Masters Men Runners	9km
	M15/M18/M20 Runners	6km

**Entry Fee \$5.00**

(Includes race, afternoon tea)

Spectators and Supporters: \$2.00 afternoon tea

Trophy Presentation at Afternoon Tea

Showers available at Venue

# TET Athletics Taranaki Sportsperson of The Year



**Thursday, 25 June 2015**

Quality Hotel Plymouth International

## Guest Speaker **SARAH COWLEY**

Olympic and Commonwealth Games athlete representing NZ in Heptathlon and High Jump. Sarah shares great inspiration and training advice for aspiring athletes both young and old.

- 7.00pm      Welcome  
                 Stan Lay Most Promising Junior female and male  
                 Girls and Boys (7 to 14 years)  
                 Volunteer of the Year  
                 Coach of the Year
- 7.20pm      Short intermission – doors open for guest speaker address
- 7.30pm      Guest Speaker Sarah Cowley
- 8.15pm      Junior Female and Male (15 to 19 years)  
                 Senior Male and Senior Female  
                 Masters Male and Masters Female  
                 Stan Lay Trophy

8.35pm      Join us for supper with .....  
For catering purposes please  
purchase your tickets by Monday,  
22 June from:

Chief Executive, Kelvin McDowell  
TET Athletics Taranaki  
PO Box 176  
New Plymouth  
Ph: 027 620 0323

**\$25.00**  
per person  
(cash bar)  
Under 18  
**\$15 per person**