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### **This Weeks Runs**

- Sat 25<sup>th</sup> 8:00am @ East End Clubrooms – 1.5 hours.
- Tues 28<sup>th</sup> 5:30pm @ East End Clubrooms – Moturoa, 1 hour.

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### **Subscriptions**

Unfortunately we are having issues in setting up the online payment portal for Credit Card payments, if possible please download a registration form from our website or see Robin Grant at a Pack Run.

Payment of Subscriptions for the 2015 Season are now due. It is appreciated if these can be paid promptly and preferably through direct deposit to the club bank account (please remember to reference your name on all deposits)

If you wish to pay by cash or cheque please see our Subscriptions Officer Robin Grant.

Subscriptions were set for the 2015 season at our AGM at \$60 for all members.

### **Club Singlets**

If you wish to purchase a club singlet please see the friendly team at Frontrunner on Devon Street who stock these for us.

They currently have a good range of sizes in both men's and women's cuts.

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### **Peter Cattley Memorial Cross Country**

Well done to Dennis, Ra, Joy, Cheryl, Chris, Allan, Robbie, Craig and John who competed at the Peter Cattley Memorial Cross Country last weekend, after the heavy rain in the morning the day turned out brilliantly for cross country running with quite a number of people running faster than their estimated times, some including Ra and Chris unfortunately being disqualified for running too much quicker than their estimate! Results are attached below.

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### **Dr Davie/Brenda Ballinger Cross Country**

We host this event on the 9<sup>th</sup> of May, I have attached the flyer below. The Brenda Ballinger is an open event in which anyone can participate that we run in conjunction with the Dr Davie which is an interclub event. We will be looking for a few helpers on the day so even if you are not running/walking please consider coming along.

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### **Upcoming Club Events**

9<sup>th</sup> May - Dr Davie, Graham Cup and Brenda Ballinger Memorial Cross Country – Highland's Intermediate.

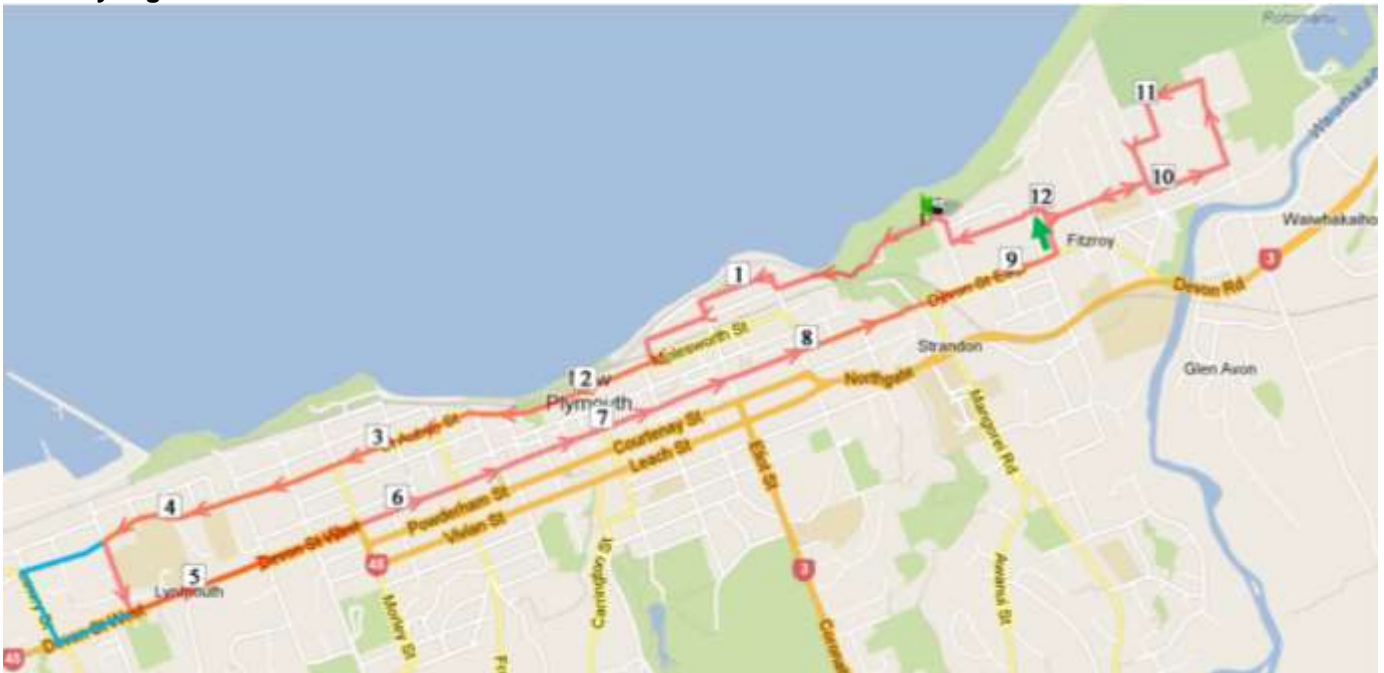
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### **Other Upcoming Events**

26<sup>th</sup> April – Taranaki Trail Series – Race 1, see [www.taranakitrailrun.co.nz](http://www.taranakitrailrun.co.nz)

2<sup>nd</sup> May – Rotorua Marathon

## Tuesday Night Run - Moturoa



The idea of all our Tuesday night runs is to be out for approximately an hour, therefore this route serves as a basis for the run/walk only, and some groups will alter their route slightly to fit their pace.

The above red loop is approximately 12.5km, the additional blue line makes a loop of approximately 13.5km, cutting off the Fitzroy loop at the green arrow makes a loop of approximately 10km. **Please remember an item of high visibility clothing for safety.**



Energy City Harriers invite you to join the  
**Dr Davie Cup and Brenda Ballinger Memorial Cross  
 Country Races**



Everyone is welcome from the kids to grandma, walkers to runners.  
 Give cross-country running a go!

**Saturday, 9 May 2015**  
**Highlands Intermediate, New Plymouth**



	Time	Distance	Entry Fee
<b>All walkers</b>	<b>1.00pm</b>	<b>4km</b>	<b>No charge</b>
<b>All male runners</b>	<b>1.45pm</b>	<b>4km</b>	<b>No charge</b>
<b>Yrs 5&amp;6 Primary School Challenge</b>	<b>1.50pm</b>	<b>1km</b>	<b>No charge</b>
<b>Children's fun run</b>	<b>2.00pm</b>	<b>1km</b>	<b>No charge</b>
<b>Yrs 7&amp;8 Intermediate School Challenge</b>	<b>2.10pm</b>	<b>2km</b>	<b>No charge</b>
<b>All female runners</b>	<b>2.25pm</b>	<b>4km</b>	<b>No charge</b>

Coffee for sale during the events. Prizegiving will be held at Highlands Intermediate, New Plymouth at the conclusion of the events.

**MERIT PRIZES**

- Brenda Ballinger memorial cups: First female runner (all those competing eligible)  
 First male runner (all those competing eligible)  
 First walker (all those competing eligible)  
 Yrs 5 & 6 Primary School Challenge Cup  
 Yrs 7 & 8 Intermediate School Challenge Cup
- Dr Davie Cup: First ANZ registered male runner (club uniform must be worn)
- Brenda Ballinger cup: First ANZ registered female runner (club uniform must be worn)
- Peter & Pat Clark walking cup: First ANZ registered walker (club uniform must be worn)

**This event is kindly sponsored by The Radio Network**

For further details contact: Lisa McCready (Secretary) 0275 499 697

**Peter Cattley  
Memorial  
Cross-country  
Egmont  
Athletics  
18<sup>th</sup> April 2015**

**4km Walk ~ Open**

Place	Name	Club	Handicap Time	Actual Time
1	Sandra Heale	Stratford R&W	41:10	41:10 – DQ
2	Albie Jane	Stratford R&W	45:41	24:26 – DQ
3	John Payne	Egmont Athletics	46:10	32:00 – DQ
4	Gaylene Anderson	Stratford R&W	46:29	27:29 – DQ
5	Anne Schrider	Stratford R&W	46:30	33:30 – DQ
6	Martyn Schrader	Stratford R&W	47:00	32:00 <b>1<sup>st</sup></b>
7	Judith Duffy	Stratford R&W	47:19	39:19
8	Des Phillips	Egmont Athletics	48:26	25:06
9	Dennis Jordan	Energy City	48:29	32:19
10	Vicky Jones	Egmont Athletics	48:37	29:57
11	Alex Fahey	Waitara R&W	49:40	44:10
12	Briar Sutherland	Egmont Athletics	55:18	32:18
	Albie Jane	Fastest time		24:26 – DQ
DQ = more than 4% faster than estimated time				

**2km Run ~ Boys & Girls 12 & under**

Place	Name	Club	Handicap Time	Actual Time
1	Connor Dillon-Springfield	Hawera Harriers	12:41	10:41 – DQ
2	Matthew Dillon-Springfield	Hawera Harriers	12:42	10:42 – DQ
3	Simon Bond	Egmont Athletics	14:41	9:41 -DQ
4	Robbie White	Oakura	15:50	8:50 – DQ
5	Alyssa Nolly	Hawera Harriers	16:20	9:20 – DQ
6	Mac Rowe	Egmont Athletics	16:49	8:19 – <b>1<sup>st</sup> B</b>
7	Emma Shotter	Egmont Athletics	16:49	8:59 - <b>1<sup>st</sup> G</b>
8	Trent Clarkson	Egmont Athletics	16:59	8:39
9	Madeline Dominikovich	Welbourn	17:11	10:56
10	Lucy Elliott	Hawera Harriers	17:11	8:41
11	Alix Rudd	Stratford R&W	17:20	15:20
12	Drew Sutherland	Egmont Athletics	17:21	9:01
13	Dean Clarkson	Egmont Athletics	17:41	10:21
14	Troy Price	Stratford R&W	17:53	9:23

15	Violet Dominikovich	Welbourn	17:59	12:59
	Mac Rowe	Fastest time – Boys	8:19	
	Lucy Elliott	Fastest time – Girls	8:41	
DQ = more than 4% faster than estimated time				

**4km Run ~ Women**

Place	Name	Club	Handicap Time	Actual Time
1	Kate Baxter	Egmont Athletics	24:16	18:16 – DQ
2	Ra Rubick	Energy City	25:30	22:33 – DQ
3	Lynne Mackay	Egmont Athletics	25:15	25:16 - <b>1<sup>st</sup></b>
4	Joy Baker	Energy City	25:23	21:53
5	Stella Bond	Egmont Athletics	25:25	23:25
6	Emily Roughan	Egmont Athletics	25:27	18:27
7	Hannah Sturmer	Egmont Athletics	25:28	18:28
8	Kirstin Foley	Stratford R&W	25:47	18:57
9	Cheryl Leuthart	Energy City	25:51	19:11
10	Madeline Roughan	Egmont Athletics	26:01	17:01
11	Suzie Price	Stratford R&W	26:03	26:03
12	Karen Eliason	Egmont Athletics	26:04	24:04
13	Karen Gillum-Green	Egmont Athletics	26:05	24:05
14	Vicky Adams	Egmont Athletics	26:06	23:36
15	Isabella Kelly	NPGHS	26:13	17:13
16	Jessica Dillon-Springfield	Hawera Harriers	26:14	20:14
17	Raewyn Clarkson	Egmont Athletics	26:19	26:19
18	Hannah O'Connor	Egmont Athletics	26:33	16:33
19	Janie Clarkson	Egmont Athletics	27:25	24:05 *
20	Dana Phelan	Egmont Athletics	30:42	25:27 *
21	Tessa Honeyfield	Egmont Athletics	31:03	26:03 *
22	Holly Sutherland	Egmont Athletics	45:30	40:30 *
	Hannah O'Connor	Fastest time		16:33
*	ran extra – went wrong way			
DQ = more than 4% faster than estimated time				

**4km Run ~ Men**

Place	Name	Club	Handicap Time	Actual Time
1	Reece Nolly	Hawera Harriers	30:36	18:26 – DQ
2	John Nolly	Hawera Harriers	30:36	18:56 – DQ
3	Alexander Stuart	NPBHS	30:37	16:27 – DQ
4	Albie Jane	Stratford R&W	30:48	20:08 – DQ
5	Chris Berry	Wanganui Harriers	30:57	16:47 – DQ
6	Lachie White	Oakura	31:09	17:29 - 1 <sup>st</sup>
7	Jason Bond	Egmont Athletics	31:13	18:33
8	Rodney Gillum	Egmont Athletics	31:26	22:56
9	Jack Boon	NPBHS	31:29	17:19
10	Matt Cleaver	Hawera Harriers	31:35	15:25
11	Paul Dominokovich	NPBHS	31:37	18:57
12	Kane Bretherton	NPBHS	31:38	16:28
13	Jack Elliott	Hawera Harriers	31:41	15:41
14	Grant Kobus	Stratford R&W	31:42	19:02
15	Nathan Foley	Stratford R&W	31:45	15:35
16	Robbie Rawles	Energy City	31:56	14:31
17	Kevin Mace	Inglewood R&W	32:01	21:51
18	Chris Devaney	NPBHS	32:04	15:54
19	Angus White	Egmont Athletics	32:13	14:43
20	Allan Thomas	Energy City	32:19	19:14
21	Luke Rabe	NPBHS	32:23	17:13
22	Oak Jones	NPBHS	32:24	17:14
23	Ethan Arbuckle	Hawera Harriers	32:35	16:25
24	Thomas Fletcher	Egmont Athletics	32:36	16:26
25	Caleb Bond	NPBHS	32:37	18:27
26	Matthew Baxter	Egmont Athletics	32:38	16:28
27	Alan Jones	Egmont Athletics	32:42	22:32
28	Richard Brewer	Hawera Harriers	33:00	17:00
29	Craig Paterson	Energy City	33:37	18:27
30	John Lykles	Energy City	35:26	35:26
	Robbie Rawles	Fastest time		14:31

DQ = more than 4% faster than estimated time