

Energy City Club Cross Country Champs

St Josephs .07 - 11 Nov 2009

Results

Female - 4km run

Place	Race No	Name	Team	Division	Time
1	422	Jane Elder	ECH	W35	16:46
2	101	Anna Stevenson	ECH	SW	16:49
3	412	Helen Phillips	ECH	W40	17:02
4	401	Charlene Jacobs	ECH	W45	17:29
5	400	Brenda Smith	ECH	SW	17:48
6	392	Helen Begg	ECH	W45	17:51
7	402	Lisa McCready	ECH	W40	19:44
8	440	Eleanor Hamilton	ECH	W50	21:18
9	376	Thelma Cochrane	ECH	W65	22:41

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Results

Female - 4km walk

Place	Race No	Name	Team	Division	Time
1	368	Katie Tahere	ECH	W35	27:28
2	410	Kathleen Adamski	ECH	W55	29:16
3	421	Pat Clark	ECH	W65	31:14

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Results

Male - 4km run

Place	Race No	Name	Team	Division	Time
1	394	Karl Dravitzki	ECH	SM	12:49
2	431	Cameron Holden	ECH	M19	13:39
3	435	Robin Grant	ECH	M50	13:47
4	104	Josh Taylor	ECH	M16	14:07
5	408	Geoff Tvrdeich	ECH	M45	14:38
6	441	Terry Burnard	ECH	M40	14:48
7	390	Harry Graham	ECH	M19	14:54
8	416	Murray Hodson	ECH	M45	15:00
9	397	Hamish Maxwell	ECH	M35	15:03
10	429	Tony Vaughan	ECH	M50	15:20
11	131	Nicholas Tipler	ECH	M14	15:28
12	385	Robert Edmunds	ECH	M40	15:37
13	423	Gerald Dravitzki	ECH	M65	15:56
14	446	Murray McEwen	ECH	M55	16:20
15	356	Barry Dravitzki	ECH	M60	16:27
16	417	Alan Taylor	ECH	M45	16:29
17	364	Mike Morresey	ECH	M35	16:36
18	386	Brian Hall	ECH	M55	16:38
19	388	Des Stanford	ECH	M60	16:51
20	371	Keith Dye	ECH	M55	17:19
21	360	Keith Goodwin	ECH	M50	17:35
22	374	John Middleton	ECH	M55	17:51
23	358	Greg Chapman	ECH	M40	18:19
24	370	Graham Cochrane	ECH	M65	18:28
25	359	Mike Ingram	ECH	M55	18:51
26	350	Ross Bowling	ECH	M55	18:53
27	76	Harrison Taylor		M14	20:43
28	406	Dennis Jordan	ECH	M50	22:06

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2	400	Brenda Smith	ECH	17:48
W35				
1	422	Jane Elder	ECH	16:46
W40				
1	412	Helen Phillips	ECH	17:02
2	402	Lisa McCready	ECH	19:44
W45				
1	401	Charlene Jacobs	ECH	17:29
2	392	Helen Begg	ECH	17:51
W50				
1	440	Eleanor Hamilton	ECH	21:18
W65				
1	376	Thelma Cochrane	ECH	22:41

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2	76	Harrison Taylor		20:43
M16				
1	104	Josh Taylor	ECH	14:07
M19				
1	431	Cameron Holden	ECH	13:39
2	390	Harry Graham	ECH	14:54
SM				
1	394	Karl Dravitzki	ECH	12:49
M35				
1	397	Hamish Maxwell	ECH	15:03
2	364	Mike Morresey	ECH	16:36
M40				
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2	385	Robert Edmunds	ECH	15:37
3	358	Greg Chapman	ECH	18:19
M45				
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